



What is humanism?

Vox Pops

For me Humanism is about leading an ethical life using evidence from science and from my own conscience and own experience and just living as good a life as I possibly can.

To me it's very simple actually, it's just being good without god.

Humanism is an ethical life stance for people who don't have a religion. It is ethical in that it attaches great value to the welfare and flourishing of other people and indeed other life altogether.

The promotion of human rights is part of this. That idea, that notion that people really are equal and deserve this minimum of dignity and of equal treatment.

For me Humanism is sort of atheism plus!

To me, Humanism is a non-religious philosophy, and it's, for me, very much about kindness and empathy.

Put simply, Humanism is about love. It's about the love we have for our friends, for our family, and the love of life, and that love of life is at the foundation of our beliefs, that we only have one life and we should enjoy it.

For me, Humanism is a set of values and ways we think about the world for people who want to think about the world rationally.

Humanism is a system of thought that gives a priority to humans and we understand that we are here to work and to help each other and we are not looking for another type of life in a superstitious or imaginary world.

Humanism is a way of realising that if we only have one life, if we're only here once, then actually that leads to a lot of inspiring answers about how we should behave and how we should spend our time.

I think, to me, Humanism is, is a worldview whereby you're sceptical, rational and you try to incorporate moral thinking into everything you do.

Naturalistic, that is to say don't believe in the supernatural or afterlife or gods, ghosts or anything like that.

The core values of Humanism are empathy, compassion, reason and evidence.

Humanism is the relation between people instead of the relation between god and people.

It's a way for me to express what I am rather than what I'm not, it's the promotion of equality and celebrating diversity and all the, you celebrate all the richness of life really.

As human beings we have everything within ourselves and amongst each other to really make something very beautiful out of life.